

Home Matters

Shifting Incomplete Stories of a Difficult Home Life Towards Truth

Someone to Talk To:

- [Remedy Live](#)
- Covenant House 1800-999-9999
- RAINN – 1800-656-HOPE
- National Domestic Violence Hotline: 1800-799-7233
- Child Help-1800-4aChild
- Text “safe”+your location to “69866” for immediate help from National Safe Place
- <http://www.Loveisrespect.org> – Live Chat Feature

Videos: www.ChangeYourNarrative.net/help-for-hard-homes



4 Types of Home Environments



What is a Nurturing Home Environment?



I Am Angry About My Home Life. Is that Okay?



Is It Wrong To Talk About What Happens at Home?